

**LITMA**



**ENROLL NOW!**



# **LITMA WUSHU CHAMPIONSHIP**

**DATE : 27 & 28TH DEC 2019**

**TIME 9:00 A.M**

**ALL MAHARASHTRA 2019-20**



**DISPLAY YOUR PRIDE**

**VENUE- ANDHERI SPORTS COMPLEX**

Sports Complex, JP Road, Sahayog Society, Munshi  
Nagar, Andheri West, Mumbai - 400058

**Email: [info@litma.in](mailto:info@litma.in)**

**[www.litma.in](http://www.litma.in)**

**CONTACT US**

**+91 98206 93507**

**+91 89280 32169**

# LIFE INSTITUTE OF TAI-CHI & MARTIAL ARTS (LITMA)



A -101, New India Chambers, Cross Road 'A', Off MIDC, Behind Onida House, Andheri (E),  
Mumbai - 400 093

Respected Sir / Madam,

Greetings from **LIFE INSTITUTE OF TAI-CHI & MARTIAL ARTS (LITMA)** our management is pleased to invite you and your teams to participate in our '**LITMA WUSHU CHAMPIONSHIP**'

The tournament is Organised by '**LIFE INSTITUTE OF TAI-CHI & MARTIAL ARTS (LITMA)**'. We have tried our best to make the whole tournament excitable & enjoyable for all the youngsters, teams & supporters. The aim of the tournament is to spread the awareness and knowledge about 'Martial Arts - The Way of Life ' along with developing good Sportsmanship & Friendship among everyone.

## DETAILS OF TOURNAMENT

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- Date:- 27th - 28th December, 2019.
- Day:- Friday & Saturday.
- Time:- 7am to 9pm.
- Venue:- Shahaji Raje Bhosle Sports Club (Andheri Sports Club), Veera Desai Road, Andheri (W), Mumbai - 400 053.

## AGE CATEGORIES

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1. **SUB-JUNIOR CATEGORY**:- 8 - 14 yrs (Both the years are inclusive.)
2. **JUNIOR CATEGORY**:-15 - 17 yrs (Both the years are inclusive.)
3. **SENIOR CATEGORY**:- 18 - 40 yrs (Both the years are inclusive.)

## PRIZES

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1. Team's Champion Trophy:- 1st Place, 2nd Place & 3rd Place.
2. Momento:- Best Fighter SUB-JUNIOR CATEGORY. (BOY & GIRL)
3. Momento:- Best Fighter JUNIOR CATEGORY. (BOY & GIRL)
4. Momento:- Best Fighter SENIOR CATEGORY. (BOY & GIRL)
5. Medal + Certificate:- In their respective categories.
  - 1st place - Gold medal + Certificate
  - 2nd place - Silver medal + Certificate
  - 3rd place - Bronze 1 medal + Certificate
  - 4th place - Bronze 2 medal + Certificate (Consolation Place)
6. Participation Certificate :- For all the participants.

## TO PARTICIPATE

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1. Send us back an Email confirmation at [info@litma.in](mailto:info@litma.in) of your participation **ON OR BEFORE 15TH DECEMBER, 2019.**
2. Schools sending their email confirmation on or before the deadline will be eligible to participate in the championship.

## DETAILS REQUIRED FOR CONFIRMATION OF PARTICIPATION BY EMAIL

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1. Name of Tournament:- **LITMA WUSHU CHAMPIONSHIP ALL MAHARASHTRA 2019-20.**
2. Name of School / College:-
3. Name of Coach:-
4. School / College address:-
5. Mobile no:-
6. Email id:-

### **For further details please contact:-**

1. Sir Alexander Fernandes - 9820693507 (**EVENT HEAD**).
2. Mr. Sujitkumar Pandey - 8928032169 (**EVENT CO-ORDINATOR**).

OR

Email us your queries at:- [info@litma.in](mailto:info@litma.in)

We are looking forward to have your participation in the tournament.

# LITMA WUSHU CHAMPIONSHIP

## All Maharashtra 2019-20



### General Rules & Regulations

1. Reporting time:- **7am Sharp** Weighing time:- **8am to 9am**
2. Tournament fees:- **Rs. 300/-** (including I-Card).
3. Participants must carry their own **Boxing gloves, Hand & Ankle wraps, Gum / Mouth guard, Groin / Centre guard.**
4. Each bout consists of three 2min rounds (**for Seniors**) & 1min 30 secs round (**for Sub-Juniors & Juniors**) with a one-minute rest in between. A bout is won by a competitor winning two of the three rounds. The competition will be held by **KNOCKOUT SYSTEM ONLY.**
5. Each competitor must hold a valid **Personal Life Insurance Certificate (P-LIC).**
6. Each competitor must produce a valid **Health certificate** showing his/her **Electroencephalogram (EEG), Electrocardiogram (ECG), Blood Pressure (BP) and Heart Rate (HR)** issued by a Registered Medical Practitioner from a check-up performed within a period of **7 days prior** to the date of registration at the competition.

### Competition Attire & Protective Gear

1. IWUF approved clothing **for men** includes sanda shorts and vest, and **for women** includes sanda shorts and t-shirt. The shorts and vest will be of the same colour, namely red or blue. Competitors are required to provide their own clothing and this should include **one set in red and one set in blue.**
2. For female competitors who are of the Islamic faith, are required to wear all the below stipulated Islamic attire:- **Long sleeve top** (not form fitting), **Full length trousers** (not form fitting), **Head scarf** (underneath the protective head gear)
3. The above stipulated clothing must be made of flexible material that is not excessively slick or slippery (material composed of **spandex, polyester, nylon and microfibre** combinations are acceptable). The long sleeve top, head scarf and full length trousers will be of the same colour, namely red or blue.

4. **Competitors are required to provide their own clothing and this should include one (1) set in red and one (1) set in blue.** Should a competitor's clothing fail to conform to the above, the Jury of Appeals on site has the authority to deny their participation in the event.
5. Each participating team has the opportunity to appeal **at most two times** within a single competition. A participating team who has disagreement with the platform referee's must immediately compile a **written appeal within 30mins** at the competition scene, and following the consent of the Chief Referee together submit it along with the appeal fee of **Rs. 500/- only.**
6. The Jury of Appeals will then immediately review the match and come to a conclusion. Should the appeal be found to be valid, then the result will be altered and the appeal fee will be refunded. Should the appeal be found to be invalid, then the result will remain unchanged and the appeal fee will be retained.
7. Doping in any form is strictly forbidden. Competitors are not permitted to inhale oxygen in the rest period between rounds.

### **Weight Categories**

<b>SUB-JUNIOR CATEGORY</b>	<b>JUNIOR CATEGORY</b>	<b>SENIOR CATEGORY</b>
1. 20kg Category (15kg - 20kg)	1. 39kg Category (36kg - 39kg)	1. 48kg Category (45kg - 48kg)
2. 24kg Category (20kg - 24kg)	2. 42kg Category (39kg - 42kg)	2. 52kg Category (48kg - 52kg)
3. 28kg Category (25kg - 28kg)	3. 45kg Category (42kg - 45kg)	3. 56kg Category (52kg - 56kg)
4. 32kg Category (28kg - 32kg)	4. 48kg Category ( 45kg - 48kg)	4. 60kg Category (56kg - 60kg)
5. 36kg Category (32kg - 36kg)	5. 52kg Category (48kg - 52kg)	5. 65kg Category (60kg - 65kg)
6. 39kg Category (36kg - 39kg)	6. 56kg Category (52kg - 56kg)	6. 70kg Category (65kg - 70kg)
7. 42kg Category (39kg - 42kg)	7. 60kg Category (56kg - 60kg)	7. 75kg Category (70kg - 75kg)
8. 45kg Category (42kg - 45kg)	8. 65kg Category (60kg - 65kg)	8. 80kg Category (75kg - 80kg)
9. 48kg Category (45kg - 48kg)	9. 70kg Category (65kg - 70kg)	9. 85kg Category (80kg - 85kg)
10. 52kg Category (48kg - 52kg)	10. 75kg Category (70kg - 75kg)	10. 90kg Category (85kg - 90kg)
11. 56kg Category (52kg - 56kg)	11. 80kg Category (75kg - 80kg)	11. Above 90kg Category (90kg +)
12. 60kg Category (56kg - 60kg)		

**FOR SENIOR GIRLS:- ONLY UP TO - 75KG CATEGORY ONLY.**

## Permitted & Prohibited Methods

**Permitted Methods:-** All wushu punching, kicking and throwing / wrestling techniques are permitted to be utilized.

**Prohibited Methods:-**

1. Attacking with the head, the elbow, or the knee, or by putting pressure on the joints of the opponent in an adverse direction.
2. Utilizing throwing/wrestling techniques which force the opponent to land on his or her head, or deliberately smashing down the opponent.
3. Attacking the head of the downed opponent by any means.
4. For junior and children competitions it is prohibited to continuously punch the face or use leg techniques targeting the head.

**Valid Scoring Areas:-** The head, the torso and the thighs are valid scoring areas

**Prohibited Striking Areas:-** The back of head, neck and the crotch are prohibited striking areas.

### Scoring Standards

**SCORING CRITERIA:- FOR 1 POINT**

1. A competitor who strikes his or her opponent on the torso or the head with a valid punching technique will be awarded one 1 point.
2. A competitor who strikes his or her opponent on the thigh with a valid leg technique will be awarded one 1 point. In a situation when two athletes fall down together, the athlete who falls down second will be awarded one 1 point.
3. A competitor who makes his or her opponent fall down by falling down himself or herself deliberately and does not immediately stand up in a flowing motion will be awarded one 1 point.
4. When a competitor is ordered to attack and fails to do so within five seconds; his or her opponent will be awarded 1 point.
5. Should a competitor fail to get to his feet within three seconds after falling down on purpose, his or her opponent will be awarded one point.
6. When a competitor is issued an admonishment, his or her opponent will be awarded one point.

### **SCORING CRITERIA:- FOR 2 POINT**

1. When a competitor's opponent falls off the platform, his or her opponent will be awarded two 2 points.
2. A competitor will be awarded two 2 points if his or her opponent falls down while he or she remains standing.
3. A competitor who strikes his or her opponent on the torso or the head with a valid leg technique will be awarded 2 points.
4. A competitor who makes his or her opponent fall down by falling down himself or herself deliberately and immediately stands up in a flowing motion will be awarded two 2 points.
5. When a competitor receives a forcible counting, his or her opponent will be awarded two points.
6. When a competitor is issued a warning, his or her opponent will be awarded two points.

### **SCORING CRITERIA:- FOR NO POINT**

1. When a technique employed is not clear and lacks effect, no points will be awarded.
2. When both competitors fall off the platform, or both fall down simultaneously, no points will be awarded.
3. Should a competitor unsuccessfully (without contact) attempt to make use of a technique by falling down himself/herself but stands up within 3 seconds, no points will be awarded the opponent.
4. When a competitor strikes his opponent while in a hold/clinch, no points will be awarded.

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# LITMA WUSHU CHAMPIONSHIP

## All Maharashtra 2019-20



### WAIVER OF LIABILITIES

Participant's Name:- \_\_\_\_\_

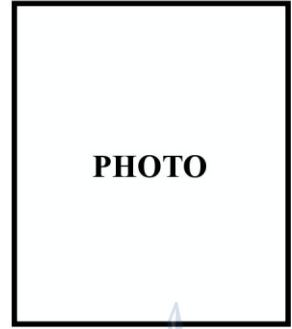
School / College / Association Name:- \_\_\_\_\_

Date of Birth:- \_\_\_\_\_ Age:- \_\_\_\_\_ Gender:- \_\_\_\_\_

Aadhaar Card No:- \_\_\_\_\_

Permanent Address:-

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Contact no:- \_\_\_\_\_ Emergency Contact no:- \_\_\_\_\_

I am taking part in the following event:- **Sanda (Fight)**, in the following **Category (SUB-JUNIOR / JUNIOR / SENIOR)**:- \_\_\_\_\_

I, \_\_\_\_\_, the undersigned, do volunteer my entry for 'LITMA WUSHU CHAMPIONSHIP All Maharashtra 2019-20' in consideration of 'Life Institute of Tai-Chi & Martial Arts'. I hereby assume all the risk of Injuries, Disabilities and Losses which may result in connection with my participation in the championship.

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I agree to follow and abide by the rules established by **Life Institute of Tai-Chi & Martial Arts (LITMA)** in accordance with **International Wushu Federation (IWUF)** and understand that my protest must be conducted in accordance with the rules of arbitration. I agree that my performance and participation at 'LITMA WUSHU CHAMPIONSHIP All Maharashtra 2019-20' may be filmed, recorded, released or telecast live.

I have carefully read and fully understand the waiver mentioned above and give my consent to '**LIFE INSTITUTE OF TAI-CHI & MARTIAL ARTS**' to use Full or a Part of my Biographical data, pictures or videos regarding the tournament in any language throughout the world through any medium or devices.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Parent / Guardian



# LITMA WUSHU CHAMPIONSHIP

## All Maharashtra 2019-20



### ID - CARD REGISTRATION FORM

#### **PART 1 – TO BE COMPLETED BY PLAYERS**

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#### **A) PERSONAL DETAILS**

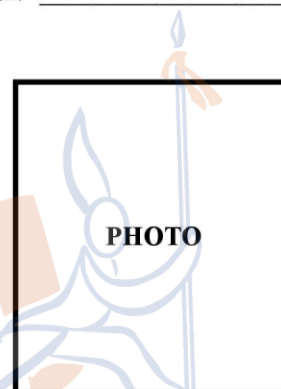
Name of Player:- \_\_\_\_\_  
(Surname) (Name) (Father / Husband Name)

Gender:-  Male  Female Date of Birth:- \_\_\_\_\_ Place of Birth:- \_\_\_\_\_

Father / Husband Name :- \_\_\_\_\_

Mothers Name:- \_\_\_\_\_

Complete Address:- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



State Unit Name:- \_\_\_\_\_

Contact Number:- \_\_\_\_\_ Emergency Contact Number:- \_\_\_\_\_

Email Address:- \_\_\_\_\_

#### **B) MEDICAL DETAILS**

• Height (in cms):- \_\_\_\_\_ Weight (in Kgs):- \_\_\_\_\_ Allergies (if any):- \_\_\_\_\_

Identification Marks:-

1. \_\_\_\_\_

2. \_\_\_\_\_

#### **C) AGE REGISTRATION DETAILS:-**

ATTACH **BIRTH CERTIFICATE** ISSUED BY MUNICIPAL CORPORATION / CANTONMENT / GRAM PANCHAYAT. (To be attested by Gazetted Officer Only)

I, the undersigned wish to be registered with **Life Institute of Tai-Chi & Martial Arts (LITMA)** for the year 2019-20 as a player of 'LITMA WUSHU CHAMPIONSHIP All Maharashtra Edition'.

State / Institution. I enclosed five passport size photographs.

Place:- \_\_\_\_\_

Date:- \_\_\_\_\_

Signature of Applicant:-  
\_\_\_\_\_

(Please also sign and complete PART 2 of this form)

## **PART 2 – CHECKLIST – REGISTERING PLAYER**

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The following support documents are being submitted along with this application. (Please mark boxes where appropriate)

### **REQUIRED DOCUMENTS FOR THE TOURNAMENT**

- Copy of duly completed Players Registration Application Form in ALL areas (as required)
- Copy of applicant's birth certificate – Birth Certificate to be issued by Municipal Corporation / Cantonment / Gram Panchayat/ Passport and attested by Gazetted Officer Only.
- Five passport sizes photographs to be attached
- Health certificate
- Proof of place of posting with NOC in case of army player.
- SAI ID card in case of SAI players.
- Residence certificate
- Copy of school records .
- Copy of passport (if available)
- Other supporting documents. please specify:- \_\_\_\_\_

I, \_\_\_\_\_, certify that the documents and details supplied are true and correct to the best of my knowledge and are fully aware of the implications can be imposed on me by giving false information.

Place:- \_\_\_\_\_

Date:- \_\_\_\_\_

Signature of Applicant:- \_\_\_\_\_

**INCOMPLETE OR INCORRECT FORMS SHALL BE REJECTED. APPLICANTS SHOULD BE AWARE OF THE CONTENTS OF THE FORM AS THEY WILL BE HELD RESPONSIBLE FOR ANY MISINFORMATION SUPPLIED BY THEM, WHICH WILL BE DEALT SEVERELY.**

# LITMA WUSHU CHAMPIONSHIP

## All Maharashtra 2019-20



### AGE ESTIMATION MEDICAL FORM

#### **A) CONSENT(TO BE COMPLETED BY ALL PLAYERS/GUARDIAN)**

I \_\_\_\_\_ S/D/O or Guardian of \_\_\_\_\_ voluntarily Give my consent for complete medical examination for the purpose of age estimation. I understand that this examination may involve physical examination including genital examination, dental examination and radiography. The purpose, procedure and the use of such examination have been explained to me in the language that I understand.

Signature:- \_\_\_\_\_  
(Candidate/Guardian)

\_\_\_\_\_  
(Accompanying person/ witness)

**(Note: Consent by guardian is essential in respect of athletes below 12 years)**

#### **B) PREAMBLE / PERSONAL DETAILS**

Name of Player:- \_\_\_\_\_ Gender:-  Male  Female

Age Category: \_\_\_\_\_ Sports Discipline: Wushu

Age as stated: \_\_\_\_\_ **(Any documentary evidence such as birth certificate should be provided)**

Father/Husband Name:- \_\_\_\_\_

Mothers Name:- \_\_\_\_\_

Permanent Address:- \_\_\_\_\_

Name of School / College / Institute:- \_\_\_\_\_

Contact Number:- \_\_\_\_\_

Email Address:- \_\_\_\_\_

Name of the person accompanying: \_\_\_\_\_

Date and time of examination:- \_\_\_\_\_

Place of examination:- \_\_\_\_\_

Identification Marks: (Scar /mole/deformity etc)

i) \_\_\_\_\_

ii) \_\_\_\_\_

Thumb impression (right in female and left in male)

**C) DENTAL EXAMINATION**

i)Dental Data:

(S) 8 7 6 5 4 3 2 1                      1 2 3 4 5 6 7 8 (S)  
(Rt.).....(Lt.)  
(S) 8 7 6 5 4 3 2 1                      1 2 3 4 5 6 7 8 (S)

- a) Temporary:-
- b) Permanent:-
- c) Space for third molar(S):-
- d) Partially erupted/completely erupted:-

ii)Dental x---ray:- Oral Panto Gram (OPG):-

iii)Dental x---ray findings:-



**D) AGE CERTIFICATE**

After performing general physical, dental and radiological examination, we are of the considered opinion that the biological age of the person is about \_\_\_\_\_ Years which is consistent /not consistent with birth certificate/age document.

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Name:- \_\_\_\_\_

Designation:- \_\_\_\_\_

Signature:- \_\_\_\_\_

Date:- \_\_\_\_\_

















